



LAMONT HOUGH ATHLETE

In the pantheon of the most versatile high school athletes to perform in Nassau history, Hempstead's Lamont Hough must be in the conversation.

Hough was a jet-quick quarterback blessed with unusual agility, who ran and passed Hempstead to one unbeaten season and a two-year record of 19-1. The Tigers won two Conference I championships with Hough at the helm. He completed his career with 2,669 all-purpose yards, 184 points and 29 touchdowns. He reached the pinnacle in 1988 by winning the Thorp Award as Nassau's top player and earned a spot on *Newsday's* All-Long Island football team.

Hough transitioned into one of Long Island's top basketball players in the winter. A speedy guard with quick hands, who could drive to the basket, hit three-point shots and a tough defender who could swipe the ball from an opponent. He was a key figure in the Tigers drive to the state Class AA public school championship in 1989, the only Nassau team to win a state Class AA title since the tournament began 42 years ago. Hough was magnificent in the final, setting a state single-game tournament record with seven three-pointers against LaSalle. To no one's surprise, he was named to the All-Tournament team.

Lamont was selected to *Newsday's* All-Long Island team as a senior and accepted a basketball scholarship to Northeastern University.

After being named All-State in football and basketball, Hough played lacrosse in the spring. Despite playing for Hempstead teams with limited talent, he often proved to be the best player on the field against ranked opponents with highly-recruited players. When the Tigers wanted to clear the ball from defense to offense, they would give the ball to Hough who proceeded to run through and around the opposing team's riders.

Hough went on to be a four-year basketball starter at Northeastern and was picked for the conference All-Rookie team in 1990.